

# We should only take antibiotics when we really need them.

Antibiotics **only treat bacterial infections.** Most of these infections will get better on their own. **You rarely need them.** The less we rely on and use antibiotics, the more effective they will be when we really need them. Always speak to a healthcare professional about the best treatment for you.

**Antibiotics are not always the right treatment.**



[seriouslyresistant.com](https://seriouslyresistant.com)

#TakeAntibioticsSeriously

**SERIOUSLY.**