

Imagine a world where antibiotics don't work. In 30 years, this could be our reality.

Simple infections that we can treat now could become fatal in the future.

The overuse of antibiotics has made them less effective and has led to the emergence of “superbugs”. Bacteria are becoming resistant to the antibiotics we take and common antibiotics no longer work against these resistant bacteria.

Antibiotics are used to treat serious bacterial infections. They work by killing the bacteria and prevent them from spreading, however, they're not needed for all infections. Many mild infections can get better on their own without antibiotics. Antibiotics will not treat a virus.

If we don't take antibiotics correctly today, we make it more likely they will no longer work in the future.

It's time for us to take antibiotic resistance **SERIOUSLY.**



If you have been prescribed antibiotics it's important that you follow these simple steps:

1 Complete the full course

It is really important you complete the course of antibiotics exactly as the healthcare professional advised, even if you start to feel better after a few days.

If you don't take the full course of antibiotics, there's a chance that the bacteria will still be in your system and another course of antibiotics may not work for you.

2 Never store or save antibiotics for another time and never share with others

If you take your course of antibiotics as prescribed, there should be none left over. If there are, you can take them back to your local pharmacy for safe disposal.

Do not keep or share unused antibiotics. Taking antibiotics at a different time or sharing them with others could delay you getting the right treatment, this could make you, your friend, or family member feel worse and even cause side effects.

3 If you have any questions about your prescription, your pharmacist can help.

